The Brustgesundheitzentrum Tirol (Breast Health Center Tyrol) provides comprehensive multidisciplinary care to breast cancer patients in western Austria. It is located in the Medical University Hospital Innsbruck. Our team members work as a multidisciplinary unit to provide optimal care. The core team includes breast surgeons, gynecologic oncologists, geneticists, pathologists, psychooncologists, reconstructive surgeons, radiation oncologists, and radiologists. The Breast Cancer Center is certified by the „Österreichische Zertifizierungskommission“. Guideline-oriented diagnostics and treatments according to the latest scientific guidelines, continuing quality controls and promotion of education and research are the main targets of the Breast Health Center Tyrol (Brustgesundheitzentrum Tirol). Important research areas are issued concerning patient’s quality of life and side effects of cancer treatment, oncoplastic and reconstructive surgery, as well as multiple projects in the field of molecular cancer biology. Supportive services such as gynecologic and endocrinological care, physical therapy, psychosocial support and exercise programs are provided.

Medical University Innsbruck, Dept. of Gynecology and Obstetrics
Anichstrasse 35
6020 Innsbruck,
Phone: +4351250423051
Fax: +4351250423055
E-mail: daniel.ege@tirol-kliniken.at
Web-site: www.brustgesundheitzentrum.at/
ÖZK
Expiration date: 31 October 2016

Österreichische Zertifizierungs Kommission

This Centre has notified to be certified and, as such, been requested to upload the certification document for further information. When the certification document/s is/are provided, it is/they are made available hereafter.
Available services

- Radiology
- Breast Surgery
- Reconstructive/Plastic Surgery
- Pathology
- Medical Oncology
- Radiotherapy

- Nuclear Medicine
- Rehabilitation
- Genetic Counselling
- Data Management
- Psycho-oncology
- Breast oncology

- Social Workers
- Nutritional Counselling
- Survivorship Groups
- Sexual Health Counselling
- Supportive and Palliative Care
- Integrative Medicine

Radiology

- Dedicated Radiologists: 4
- Mammograms per year: 7500
- Breast radiographers
- Screening program
- Verification for non-palpable breast lesions on specimen
- Axillary US/US-guided FNAB
- Clinical Research

Available imaging equipment
- Mammography
- Ultrasound
- Magnetic Resonance Imaging (MRI)
- Contrast Mammography

Available work-up imaging equipment
- Computer Tomography
- Ultrasound
- Magnetic Resonance Imaging (MRI)
- PET/CT scan

Primary technique for localizing non-palpable lesions
- Hook-wire (or needle localization)
- Charcoal marking/tattooing
- ROLL: radio-guided occult lesion localization

Available breast tissue sampling equipment
- Stereotactic Biopsy (Mammography guided)
- Core Biopsy (Tru-cut)
- Vacuum assisted biopsy

Ultrasound-guided biopsy
- Fine-needle aspiration biopsy (FNAB, cytology)
- Core Biopsy
- Vacuum assisted biopsy
- MRI-guided biopsy
- Core Biopsy
- Vacuum assisted biopsy

Breast Surgery

- New operated cases per year (benign and malignant): 400
- Dedicated Breast Surgeons: 4
- Surgeons with more than 50 surgeries per year: 2
- Breast Surgery beds: 15
- Breast Nurse specialists: 3
- Outpatient surgery
- Intra-operative evaluation of sentinel node
- Reconstruction performed by Breast Surgeons
- Clinical Research

Primary technique for staging the axilla
- Axillary lymph node dissection
- Sentinel lymph node biopsy:
  - Blue dye technique
  - Radio-tracer technique
  - Blue dye + Radio-tracer
- Axillary sampling
Reconstructive/Plastic Surgery

- Reconstructive/Plastic surgeons
- Immediate Reconstruction available

Type of breast reconstructive surgery available
- Remodelling after breast-conserving surgery
- Reconstruction after mastectomy:
  - Two-stage reconstruction (tissue expander followed by implant)
  - One-stage reconstruction
- Autogenous tissue flap
  - Latissimus dorsi flap
  - Transverse rectus abdominis (TRAM)
- Free-flaps (free TRAM, DIEP, SIEA, gluteal, etc.)
- Surgery on the contralateral breast for symmetry

Pathology

- Dedicated Breast Pathologists

Available studies
- Cytology
- Haematoxylin & eosin section (H&E)
- Surgical specimen
- Sentinel node
- Core biopsy
- Frozen section (FS)
- Surgical specimen
- Sentinel node
- Immunohistochemistry stain (IHC)
  - Estrogen receptors
  - Progesterone receptors
  - HER-2
  - Ki-67

Other special studies available
- Fluorescence in-situ Hybridization for HER-2 gene (FISH)
- Oncotype Dx (21-gene assay)
- MammaPrint (70-gene microarray)
- Prediction Analysis of Microarray 50-gene set (PAM 50)
- Endo Predict

Parameters included in the final pathology report
- Pathology stage (pT and pN)
- Tumour size (invasive component in mm)
- Histologic type
- Tumor grade
- ER/PR receptor status
- HER-2/neu receptor status
- Peritumoral/Lymphovascular invasion
- Margin status
- Ki67

Medical Oncology

- Dedicated Breast Medical Oncologists
- Outpatient systemic therapy
- Clinical Research
Radiotherapy

- Dedicated Radiation Oncologists
- Clinical Research

Available techniques after breast-conserving surgery (including experimental)

- Whole-Breast RT (WBRT)
- Partial breast irradiation (PBI):
  - External beam PBI
  - Interstitial brachytherapy
- Targeted brachytherapy (MammoSite, SAVI applicator, other devices)
- Intra-operative RT (IORT)

Multidisciplinary Meeting (MDM) / Tumour Board (TB)

Regular MDM/TB for case management discussion

- Twice a week
- Weekly
- Every two weeks
- Other Schedule

Cases discussed at MDM/TB

- Preoperative cases
- Postoperative cases

Specialties/services participating in MDM/TB

- Radiology
- Breast Surgery
- Reconstructive/Plastic Surgery
- Pathology
- Medical Oncology
- Radiotherapy
- Genetic Counselling
- Breast Nurse Service
- Psycho-oncology

Further Services and Facilities

Nuclear Medicine

- Lymphoscintigraphy
- Bone scan
- Positron Emission Tomography (PET)
- PET/CT scan

Rehabilitation

- Prosthesis service
- Physiotherapy
- Lymph-oedema treatment

Genetic Counselling

- Specialist Providing Genetic Counselling/Risk assessment service:
  - Dedicated Clinical Geneticist
  - Medical Oncologist
  - Breast Surgeon
  - General Surgeon
  - Gynaecologist

- Genetic Testing available
- Surveillance program for high-risk women

Data Management

- Database used for clinical information
- Data manager available
### Contact details

**Clinical Director**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christian Marth, MD</td>
<td>Head of Gynecology and Obstetrics Dpt.</td>
<td><a href="mailto:christian.marth@i-med.ac.at">christian.marth@i-med.ac.at</a></td>
</tr>
</tbody>
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**Radiology**

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<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Martin Daniaux, MD</td>
<td>Head of the Breast Diagnostic Unit</td>
<td><a href="mailto:martin.daniaux@tirol-kliniken.at">martin.daniaux@tirol-kliniken.at</a></td>
</tr>
<tr>
<td>Birgit Amort, MD</td>
<td>Breast Radiologist</td>
<td><a href="mailto:birgit.amort@tirol-kliniken.at">birgit.amort@tirol-kliniken.at</a></td>
</tr>
<tr>
<td>Werner Jaschke, MD</td>
<td>Head of Radiology Dpt.</td>
<td><a href="mailto:werner.jaschke@i-med.ac.at">werner.jaschke@i-med.ac.at</a></td>
</tr>
<tr>
<td>Stefanie Ostermann, MD</td>
<td>Breast Radiologist</td>
<td><a href="mailto:stefanie.ostermann@i-med.ac.at">stefanie.ostermann@i-med.ac.at</a></td>
</tr>
<tr>
<td>Kurt Gautsch, MD</td>
<td>Breast Radiologist</td>
<td><a href="mailto:kurt.gautsch@tirol-kliniken.at">kurt.gautsch@tirol-kliniken.at</a></td>
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**Breast Surgery**

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<thead>
<tr>
<th>Name</th>
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<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daniel Egle, MD</td>
<td>Team Leader of the Breast Unit</td>
<td><a href="mailto:daniel.egle@tirol-kliniken.at">daniel.egle@tirol-kliniken.at</a></td>
</tr>
<tr>
<td>Christian Marth</td>
<td>Head of Gynecology and Obstetrics Dpt.</td>
<td><a href="mailto:christian.marth@i-med.ac.at">christian.marth@i-med.ac.at</a></td>
</tr>
<tr>
<td>Christine Brunner, MD</td>
<td>Staff Surgeon</td>
<td><a href="mailto:c.brunner@tirol-kliniken.at">c.brunner@tirol-kliniken.at</a></td>
</tr>
<tr>
<td>Theresa Czech, MD</td>
<td>Staff Surgeon</td>
<td><a href="mailto:theresa.czech@i-med.ac.at">theresa.czech@i-med.ac.at</a></td>
</tr>
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**Reconstructive Surgery**

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<tr>
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<tbody>
<tr>
<td>Thomas Bauer, MD</td>
<td>Team Leader of the Breast Reconstructive Unit</td>
<td><a href="mailto:thomas.bauer@tirol-kliniken.at">thomas.bauer@tirol-kliniken.at</a></td>
</tr>
<tr>
<td>Gerhard Pierer, MD</td>
<td>Head of Plastic Surgery Dpt.</td>
<td><a href="mailto:gerhard.pierer@i-med.ac.at">gerhard.pierer@i-med.ac.at</a></td>
</tr>
<tr>
<td>Tanja Schuetz, MD</td>
<td>Staff Plastic Surgeon</td>
<td><a href="mailto:tanja.schuetz@tirol-kliniken.at">tanja.schuetz@tirol-kliniken.at</a></td>
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**Pathology**

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</tr>
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<tbody>
<tr>
<td>Afschin Soleiman, MD</td>
<td>Head of Pathology Lab</td>
<td><a href="mailto:soleiman-pathologie@aon.at">soleiman-pathologie@aon.at</a></td>
</tr>
<tr>
<td>Isgard Eyberg, MD</td>
<td>Staff Pathologist</td>
<td><a href="mailto:isgard.niess@soleiman-pathologie.at">isgard.niess@soleiman-pathologie.at</a></td>
</tr>
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**Medical Oncology**

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</tr>
</thead>
<tbody>
<tr>
<td>Walpurga Weyrer, MD</td>
<td>Medical Oncologist</td>
<td><a href="mailto:walpurga.weyrer@tirol-kliniken.at">walpurga.weyrer@tirol-kliniken.at</a></td>
</tr>
<tr>
<td>Gast Guenther, MD</td>
<td>Head of Medical Oncology Dpt.</td>
<td><a href="mailto:guenther.gastl@i-med.ac.at">guenther.gastl@i-med.ac.at</a></td>
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**Radiotherapy**

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<thead>
<tr>
<th>Name</th>
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<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Andrea Posch, MD</td>
<td>Radio-Oncologist</td>
<td><a href="mailto:andrea-posch@tirol-kliniken.at">andrea-posch@tirol-kliniken.at</a></td>
</tr>
<tr>
<td>Peter Lukas, MD</td>
<td>Head of Radiooncology Dpt.</td>
<td><a href="mailto:peter.lukas@i-med.ac.at">peter.lukas@i-med.ac.at</a></td>
</tr>
<tr>
<td>Britta Forthuber, MD</td>
<td>Staff Radiooncologist</td>
<td><a href="mailto:britta.forthuber@tirol-kliniken.at">britta.forthuber@tirol-kliniken.at</a></td>
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How to reach us

Medical University Innsbruck, Dept. of Gynecology and Obstetrics
Anichstrasse 35
6020 Innsbruck,
Phone: +4351250423051
Fax: +4351250423055
E-mail: daniel.egle@tirol-kliniken.at
Web-site: www.brustgesundheitzentrum.at/

From airport:
The breast unit is located in the Medical University Hospital in the center of Innsbruck, Austria. Transportation from Innsbruck airport to the breast unit takes 10 minutes.

By train:
Innsbruck train station is in walking distance to the breast unit.

By car:
As the university hospital is in the city center, it is advised to park the car in a closely located garage.

Last modified: 02 May 2017