



BREAST CENTRES NETWORK

Synergy among Breast Units

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Nicosia General Hospital - Nicosia, Cyprus

General Information



New breast cancer cases treated per year 150

Breast multidisciplinarity team members 16
Radiologists, surgeons, pathologists, medical oncologists, radiotherapists and nurses

Clinical Director: Yiola Marcou, FRCR, MRCP

The Breast unit was set up 4 years ago in order to provide a major clinical service. This unit is the largest in Cyprus with around 200 new breast cancer referrals per year. Most patients are directly referred by the screening program that are committed to the General Hospital of Nicosia. Patients are treated in multi-disciplinary clinical teams working to common clinical guidelines and protocols, new treatments and prevention of breast cancer. The aim of the Unit is to offer early diagnosis, high quality of treatment for all stages of breast cancer. A range of care services are provided for both benign and malignant disease, including screening, surgery, radiotherapy, chemotherapy, reconstruction and follow up. Our multi-disciplinary team consists of consultant surgeons, plastic surgeons, radiologists, pathologist, oncologists and nurses. We provide breast excisional, core and stereotactic excisional biopsy, sentinel node biopsy, wide local excision, segmental and total mastectomy, breast reconstruction with tissue expander, implants, and autologous tissues. At the oncology centre there are facilities for in-patient and out-patient chemotherapy,and radiotherapy.

Nicosia General Hospital/Bank of Cyprus Oncology Centre

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Available services

- ✓ Radiology
- ✓ Breast Surgery
- ☑ Reconstructive/Plastic Surgery
- ✓ Pathology
- Medical Oncology
- **M** Radiotherapy

- ✓ Nuclear Medicine
- Rehabilitation
- ✓ Genetic Counselling
- ✓ Data Management
- ✓ Psycho-oncology
- ✓ Breast Nurses

- ✓ Social Workers
- ✓ Nutritional Counselling
- ✓ Survivorship Groups
- ☐ Sexual Health Counselling
- ✓ Supportive and Palliative Care
- ✓ Integrative Medicine

Radiology

- ✓ Dedicated Radiologists
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 ✓ Mammograms per year
 20000

 ✓ Breast
- radiographers
- ✓ Screening program
- Verification for
- non-palpable breast lesions
- on specimen
- Axillary US/US-guided
- **FNAB**
- Clinical Research

- Available imaging equipment
- Mammography
- ✓ Ultrasound
- ✓ Magnetic Resonance Imaging (MRI)
- Available work-up imaging equipment
- ✓ Computer Tomography
- ✓ Ultrasound
- ✓ Magnetic Resonance Imaging (MRI)
- ☐ PET/CT scan
- Primary technique for localizing non-palpable lesions
- ✓ Hook-wire (or needle localization)
- ☐ Charcoal marking/tattooing

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ROLL: radio-guided occult lesion localization

Available breast tissue sampling equipment

- Stereotactic Biopsy (Mammography quided)
 - Core Biopsy (Tru-cut)
 - ✓ Vacuum assisted biopsy
- ☑ Ultrasound-guided biopsy
- Fine-needle aspiration biopsy (FNAB, cytology)
- ☑ Core Biopsy
- ✓ Vacuum assisted biopsy
- ☐ MRI-guided biopsy
- Core Biopsy
- ☐ Vacuum assisted biopsy

Breast Surgery

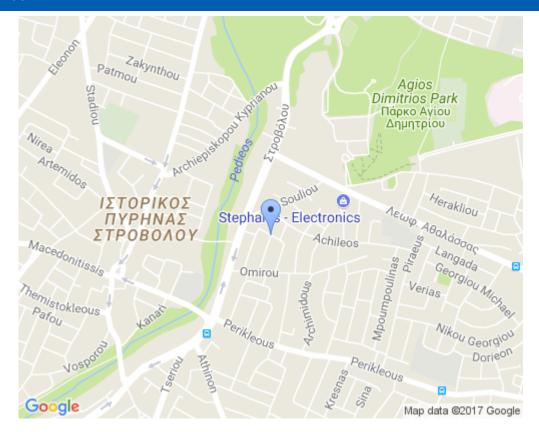
- ✓ New operated cases per year (benign and malignant) 184
- ✓ Dedicated Breast Surgeons
 ✓ Surgeons with more than 50 surgeries per year
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- ✓ Breast Surgery beds
- ✓ Breast Nurse specialists✓ Outpatient surgery
- ✓ Intra-operative evaluation of sentinel node
- ☐ Reconstruction performed by Breast Surgeons
- ☐ Clinical Research

- Primary technique for staging the axilla
- Axillary lymph node dissection
- ✓ Sentinel lymph node biopsy:
- ☐ Blue dye technique
- ☐ Radio-tracer technique
- ☑ Blue dye + Radio-tracer
- Axillary sampling

Reconstructive/Plastic Surgery Reconstructive/Plastic surgeons Type of breast reconstructive surgery available ✓ Immediate Reconstruction available Remodelling after breast-conserving surgery ☑ Reconstruction after mastectomy: Two-stage reconstruction (tissue expander followed by implant) ✓ One-stage reconstruction Autogenous tissue flap Latissimus dorsi flap ✓ Transverse rectus abdominis (TRAM) ✓ Free-flaps (free TRAM, DIEP, SIEA, gluteal, etc.) ☑ Surgery on the contralateral breast for symmetry **Pathology** Dedicated Breast Pathologists 3 Other special studies available Available studies ✓ Fluorescence in-situ Hybridization for HER-2 gene (FISH) Cytology Oncotype Dx (21-gene assay) ✓ Haematoxylin & eosin section (H&E) ☐ MammaPrint (70-gene microarray) ✓ Surgical specimen Prediction Analysis of Microarray 50-gene set (PAM 50) ✓ Sentinel node Parameters included in the final pathology report Core biopsy ✓ Pathology stage (pT and pN) ✓ Frozen section (FS) ✓ Tumour size (invasive component in mm) ✓ Surgical specimen Mistologic type ✓ Sentinel node ✓ Tumor grade ✓ Immunohistochemistry stain (IHC) ✓ ER/PR receptor status Estrogen receptors ✓ HER-2/neu receptor status Progesterone receptors Peritumoural/Lymphovascular invasion ☑ HER-2 Margin status ✓ Ki-67 **Medical Oncology** ✓ Dedicated Breast Medical Oncologists Outpatient systemic therapy Clinical Research

Radiotherapy	
☑ Dedicated Radiation Oncologists	Available technisses often broad assessing
✓ Clinical Research	 Available techniques after breast-conserving surgery (including experimental)
	☑ Whole-Breast RT (WBRT)
	Partial breast irradiation (PBI):
	External beam PBI
	☐ Interstitial brachytherapy
	☐ Targeted brachytherapy (MammoSite, SAVI applicator, other devices)
	☐ Intra-operative RT (IORT)
Multidisciplinary Meeting (MDM) / Tumour Board ((ТВ)
Regular MDM/TB for case management discussion	Specialties/services participating in MDM/TB
☐ Twice a week	☑ Radiology
✓ Weekly	✓ Breast Surgery
Every two weeks	✓ Reconstructive/Plastic Surgery
Other Schedule	☑ Pathology
Cases discussed at MDM/TB	☑ Medical Oncology
	☑ Radiotherapy
▼ Preoperative cases	☐ Genetic Counselling
Postoperative cases	☑ Breast Nurse Service
	Psycho-oncology
Further Services and Facilities	
Nuclear Medicine	Genetic Counselling
✓ Lymphoscintigraphy	Specialist Providing Genetic Counselling/Risk assessment service:
☑ Bone scan	✓ Dedicated Clinical Geneticist
Positron Emission Tomography (PET)	☐ Medical Oncologist
PET/CT scan	☐ Breast Surgeon
Rehabilitation	General Surgeon
✓ Prosthesis service	☐ Gynaecologist
✓ Prostnesis service ✓ Physiotherapy	☑ Genetic Testing available
✓ Physiotherapy ✓ Lymph-oedema treatment	Surveillance program for high-risk women
	Data Management
	☑ Database used for clinical information
	☐ Data manager available

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From airport:

Fly to Larnaca airport then use transport to go to the capital where the hospitals are.

By bus or sub-way/underground:

By bus to Nicosia and from central bus station to Nicosia General hospital.

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