



BREAST CENTRES NETWORK

Synergy among Breast Units

★ BRITISH HOSPITAL OF MONTEVIDEO - MONTEVIDEO, Uruguay

General Information



New breast cancer cases treated per year **150**

Breast multidisciplinary team members **15**

Radiologists, surgeons, pathologists, medical oncologists, radiotherapists and nurses

Clinical Director: **CARLITOS AREVALO, MD**

Breast cancer represents in Uruguay a national health problem of great relevance. Our mission is to make the highest quality standards in providing health services available to the community. Throughout its more than 160 years of history, the spirit that has characterized and distinguished the British Hospital arises from integrating professional and technical excellence with the preferential treatment given to the patient, based on the basic premise of respect. For their human dignity. The Mastology Unit of the British Hospital of Montevideo was established in June 2019. It included the following services: Mastology (includes genetic counselling and oncoplastic surgery), Clinical Oncology (including day hospital), Imaging, Pathology, Rehabilitation, Palliative Care, Clinic, Research and an exclusive Unit Navigator Nursing. In addition to constant multi-disciplinary interactive care work, this functional unit has weekly meeting representatives from all areas.

BRITISH HOSPITAL OF MONTEVIDEO

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Available services

- Radiology
- Breast Surgery
- Reconstructive/Plastic Surgery
- Pathology
- Medical Oncology
- Radiotherapy

- Nuclear Medicine
- Rehabilitation
- Genetic Counselling
- Data Management
- Psycho-oncology
- Breast Nurses

- Social Workers
- Nutritional Counselling
- Survivorship Groups
- Sexual Health Counselling
- Supportive and Palliative Care
- Integrative Medicine

Radiology

- Dedicated Radiologists** 3
- Mammograms per year** 5700
- Breast radiographers**
- Screening program**
- Verification for non-palpable breast lesions on specimen**
- Axillary US/US-guided FNAB**
- Clinical Research**

Available imaging equipment

- Mammography
- Ultrasound
- Magnetic Resonance Imaging (MRI)
- THOMOSINTESIS

Available work-up imaging equipment

- Computer Tomography
- Ultrasound
- Magnetic Resonance Imaging (MRI)
- PET/CT scan

Primary technique for localizing non-palpable lesions

- Hook-wire (or needle localization)
- Charcoal marking/tattooing
- ROLL: radio-guided occult lesion localization

Available breast tissue sampling equipment

- Stereotactic Biopsy (Mammography guided)
 - Core Biopsy (Tru-cut)
 - Vacuum assisted biopsy
- Ultrasound-guided biopsy
 - Fine-needle aspiration biopsy (FNAB, cytology)
 - Core Biopsy
 - Vacuum assisted biopsy
- MRI-guided biopsy
 - Core Biopsy
 - Vacuum assisted biopsy

Breast Surgery

- New operated cases per year (benign and malignant)** 195
- Dedicated Breast Surgeons** 3
- Surgeons with more than 50 surgeries per year** 3
- Breast Surgery beds** 4
- Breast Nurse specialists** 1
- Outpatient surgery**
- Intra-operative evaluation of sentinel node**
- Reconstruction performed by Breast Surgeons**
- Clinical Research**

Primary technique for staging the axilla

- Axillary lymph node dissection
- Sentinel lymph node biopsy:
 - Blue dye technique
 - Radio-tracer technique
 - Blue dye + Radio-tracer
- Axillary sampling

Reconstructive/Plastic Surgery

- Reconstructive/Plastic surgeons** 2
- Immediate Reconstruction available**

Type of breast reconstructive surgery available

- Remodelling after breast-conserving surgery
- Reconstruction after mastectomy:
 - Two-stage reconstruction (tissue expander followed by implant)
 - One-stage reconstruction
 - Autogenous tissue flap
 - Latissimus dorsi flap
 - Transverse rectus abdominis (TRAM)
 - Free-flaps (free TRAM, DIEP, SIEA, gluteal, etc.)
- Surgery on the contralateral breast for symmetry

Pathology

- Dedicated Breast Pathologists** 3

Available studies

- Cytology
- Haematoxylin & eosin section (H&E)
 - Surgical specimen
 - Sentinel node
 - Core biopsy
- Frozen section (FS)
 - Surgical specimen
 - Sentinel node
- Immunohistochemistry stain (IHC)
 - Estrogen receptors
 - Progesterone receptors
 - HER-2
 - Ki-67

Other special studies available

- Fluorescence in-situ Hybridization for HER-2 gene (FISH)
- Oncotype Dx (21-gene assay)
- MammaPrint (70-gene microarray)
- Prediction Analysis of Microarray 50-gene set (PAM 50)
- CISH

Parameters included in the final pathology report

- Pathology stage (pT and pN)
- Tumour size (invasive component in mm)
- Histologic type
- Tumor grade
- ER/PR receptor status
- HER-2/neu receptor status
- Peritumoural/Lymphovascular invasion
- Margin status
- TILs

Medical Oncology

- Dedicated Breast Medical Oncologists** 4
- Outpatient systemic therapy**
- Clinical Research**

Radiotherapy **Dedicated Radiation Oncologists** **Clinical Research****Available techniques after breast-conserving surgery (including experimental)** Whole-Breast RT (WBRT) Partial breast irradiation (PBI): External beam PBI Interstitial brachytherapy Targeted brachytherapy (MammoSite, SAVI applicator, other devices) Intra-operative RT (IORT)**Multidisciplinary Meeting (MDM) / Tumour Board (TB)****Regular MDM/TB for case management discussion** Twice a week Weekly Every two weeks Other Schedule**Cases discussed at MDM/TB** Preoperative cases Postoperative cases**Specialties/services participating in MDM/TB** Radiology Breast Surgery Reconstructive/Plastic Surgery Pathology Medical Oncology Radiotherapy Genetic Counselling Breast Nurse Service Psycho-oncology**Further Services and Facilities****Nuclear Medicine** Lymphoscintigraphy Bone scan Positron Emission Tomography (PET) PET/CT scan**Rehabilitation** Prosthesis service Physiotherapy Lymph-oedema treatment**Genetic Counselling** Specialist Providing Genetic Counselling/Risk assessment service: Dedicated Clinical Geneticist Medical Oncologist Breast Surgeon General Surgeon Gynaecologist Genetic Testing available Surveillance program for high-risk women**Data Management** Database used for clinical information Data manager available

Contact details

Clinical Director

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Radiology

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Breast Surgery

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Reconstructive Surgery

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Pathology

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Medical Oncology

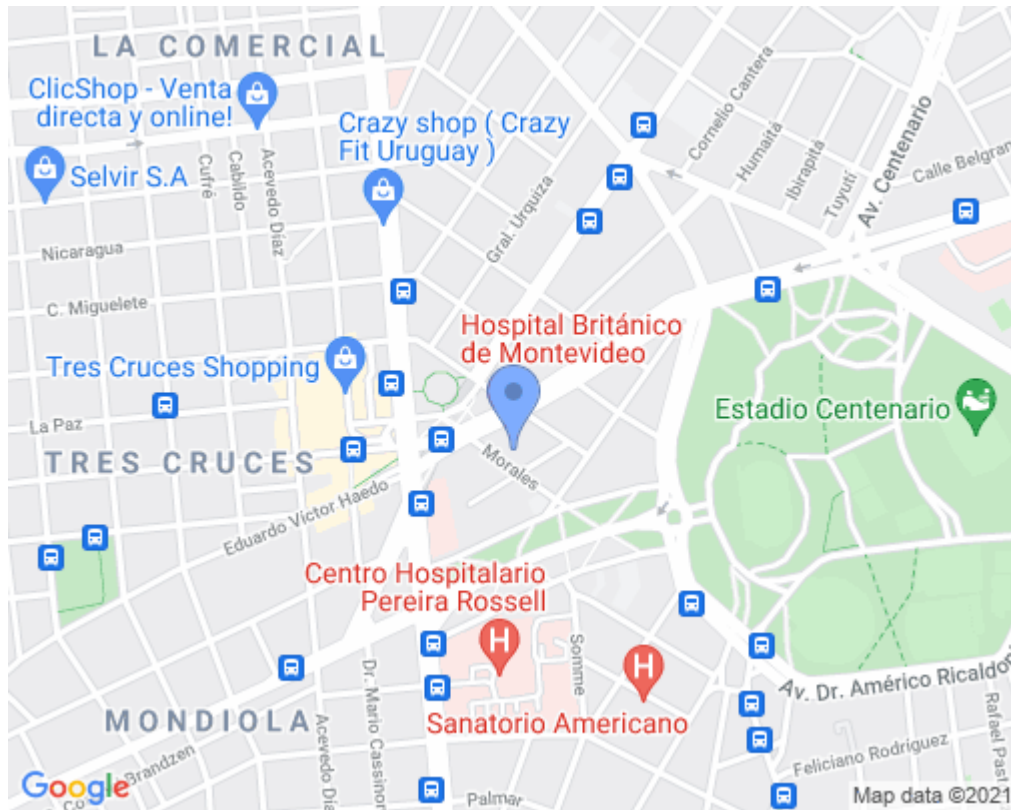
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Mario Varangot, MD	HEAD OF ONCOLOGY DEPARTMENT		
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Radiotherapy

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How to reach us



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From airport:

By car (personal, taxi, uber) or by public transport (bus) You can take Italia Avenue directo from the airport (take about 40 minutes)

By train:

Dont work now in our country

By bus or sub-way/underground:

BUs : many lines stop in front of the Hospital

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