



BREAST CENTRES NETWORK

Synergy among Breast Units

Military Medical Academy Sofia - Sofia, Bulgaria

General Information



New breast cancer cases treated per year **282**

Breast multidisciplinary team members **10**

Radiologists, surgeons, pathologists, medical oncologists, radiotherapists and nurses

Clinical Director: **Georgi Baytchev, PhD**

Our Breast Unit is located within the Military Medical Academy, Sofia. It provides comprehensive multidisciplinary care to breast cancer patients. The core team includes breast surgeons, pathologists, psycho-oncologists, reconstructive surgeons, radiation oncologists and radiologists. Our mission in the Breast Unit is to have a multidisciplinary approach which includes prevention, early diagnostic and treatment to high risk cases and patients with breast cancer. We present preoperative and postoperative cases and the treatment options are based on the state of the art as well as on the individual features of the patients. The main objectives of the Unit are: a) Academical, ethics and responsibility; b) Education of medical students; c) Conducting and participating in clinical research studies.

Military Medical Academy Sofia

George Sofiisky Blvd.

1606 Sofia,

Phone: +3592883427500

Fax: +359526536

E-mail: inkov@breastunit.bg

Web-site: breastunit.bg

Available services

- Radiology
- Breast Surgery
- Reconstructive/Plastic Surgery
- Pathology
- Medical Oncology
- Radiotherapy

- Nuclear Medicine
- Rehabilitation
- Genetic Counselling
- Data Management
- Psycho-oncology
- Breast Nurses

- Social Workers
- Nutritional Counselling
- Survivorship Groups
- Sexual Health Counselling
- Supportive and Palliative Care
- Integrative Medicine

Radiology

- Dedicated Radiologists** 2
- Mammograms per year** 2000
- Breast radiographers**
- Screening program**
- Verification for non-palpable breast lesions on specimen**
- Axillary US/US-guided FNAB**
- Clinical Research**

Available imaging equipment

- Mammography
- Ultrasound
- Magnetic Resonance Imaging (MRI)

Available work-up imaging equipment

- Computer Tomography
- Ultrasound
- Magnetic Resonance Imaging (MRI)
- PET/CT scan
- Radioisotopic Bone Scintigraphy with the Gamma Camera

Primary technique for localizing non-palpable lesions

- Hook-wire (or needle localization)
- Charcoal marking/tattooing
- ROLL: radio-guided occult lesion localization

Available breast tissue sampling equipment

- Stereotactic Biopsy (Mammography guided)
- Core Biopsy (Tru-cut)
- Vacuum assisted biopsy
- Ultrasound-guided biopsy
- Fine-needle aspiration biopsy (FNAB, cytology)
- Core Biopsy
- Vacuum assisted biopsy
- MRI-guided biopsy
- Core Biopsy
- Vacuum assisted biopsy

Breast Surgery

- New operated cases per year (benign and malignant)** 522
- Dedicated Breast Surgeons** 2
- Surgeons with more than 50 surgeries per year** 2
- Breast Surgery beds** 22
- Breast Nurse specialists** 2
- Outpatient surgery**
- Intra-operative evaluation of sentinel node**
- Reconstruction performed by Breast Surgeons**
- Clinical Research**

Primary technique for staging the axilla

- Axillary lymph node dissection
- Sentinel lymph node biopsy:
 - Blue dye technique
 - Radio-tracer technique
 - Blue dye + Radio-tracer
- Axillary sampling

Reconstructive/Plastic Surgery

- Reconstructive/Plastic surgeons** 2
- Immediate Reconstruction available**

Type of breast reconstructive surgery available

- Remodelling after breast-conserving surgery
- Reconstruction after mastectomy:
 - Two-stage reconstruction (tissue expander followed by implant)
 - One-stage reconstruction
 - Autogenous tissue flap
 - Latissimus dorsi flap
 - Transverse rectus abdominis (TRAM)
 - Free-flaps (free TRAM, DIEP, SIEA, gluteal, etc.)
- Surgery on the contralateral breast for symmetry

Pathology

- Dedicated Breast Pathologists** 2

Available studies

- Cytology
- Haematoxylin & eosin section (H&E)
 - Surgical specimen
 - Sentinel node
 - Core biopsy
- Frozen section (FS)
 - Surgical specimen
 - Sentinel node
- Immunohistochemistry stain (IHC)
 - Estrogen receptors
 - Progesterone receptors
 - HER-2
 - Ki-67

Other special studies available

- Fluorescence in-situ Hybridization for HER-2 gene (FISH)
- Oncotype Dx (21-gene assay)
- MammaPrint (70-gene microarray)
- Prediction Analysis of Microarray 50-gene set (PAM 50)

Parameters included in the final pathology report

- Pathology stage (pT and pN)
- Tumour size (invasive component in mm)
- Histologic type
- Tumor grade
- ER/PR receptor status
- HER-2/neu receptor status
- Peritumoural/Lymphovascular invasion
- Margin status

Medical Oncology

- Dedicated Breast Medical Oncologists** 1
- Outpatient systemic therapy**
- Clinical Research**

Radiotherapy

Dedicated Radiation Oncologists

Clinical Research

Available techniques after breast-conserving surgery (including experimental)

Whole-Breast RT (WBRT)

Partial breast irradiation (PBI):

External beam PBI

Interstitial brachytherapy

Targeted brachytherapy (MammoSite, SAVI applicator, other devices)

Intra-operative RT (IORT)

Multidisciplinary Meeting (MDM) / Tumour Board (TB)

Regular MDM/TB for case management discussion

Twice a week

Weekly

Every two weeks

Other Schedule

Cases discussed at MDM/TB

Preoperative cases

Postoperative cases

Specialties/services participating in MDM/TB

Radiology

Breast Surgery

Reconstructive/Plastic Surgery

Pathology

Medical Oncology

Radiotherapy

Genetic Counselling

Breast Nurse Service

Psycho-oncology

Further Services and Facilities

Nuclear Medicine

Lymphoscintigraphy

Bone scan

Positron Emission Tomography (PET)

PET/CT scan

Rehabilitation

Prosthesis service

Physiotherapy

Lymph-oedema treatment

Genetic Counselling

Specialist Providing Genetic Counselling/Risk assessment service:

Dedicated Clinical Geneticist

Medical Oncologist

Breast Surgeon

General Surgeon

Gynaecologist

Genetic Testing available

Surveillance program for high-risk women

Data Management

Database used for clinical information

Data manager available

Contact details

Clinical Director

Georgi Baytchev, PhD	Breast Team Chief	baitchev@gmail.com	+359888537985
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Radiology

Lilia Milkova, MD	Radiologist	lilimilkov@abv.bg	+359887312991
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Lora Tzvetkova, MD	Radiologist		
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Breast Surgery

George Baytchev, PhD	Head of Breast Unit Department	baitchev@gmail.com	+359888537985
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Ivan Inkov, MD	Breast Surgery Resident	inkov@breastunit.bg	+359883427500
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Emilia Ivanova, RN	Operation Nurse	ivanova@breastunit.bg	
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Yordanka Lakovska, RN	Operation Nurse		
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Mila Kayryakova	Breast Cancer Researcher	mila.mdk@abv.bg	
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Reconstructive Surgery

Vladimir Vasilev, MD	Plastic Surgeon	vlavass@abv.bg	+359 888 491012
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Hristo Lozanov, MD	Plastic Surgeon		
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Pathology

Albena Fakirova, MD	Pathologist	afakirova@gmail.com	+359898470757
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Medical Oncology

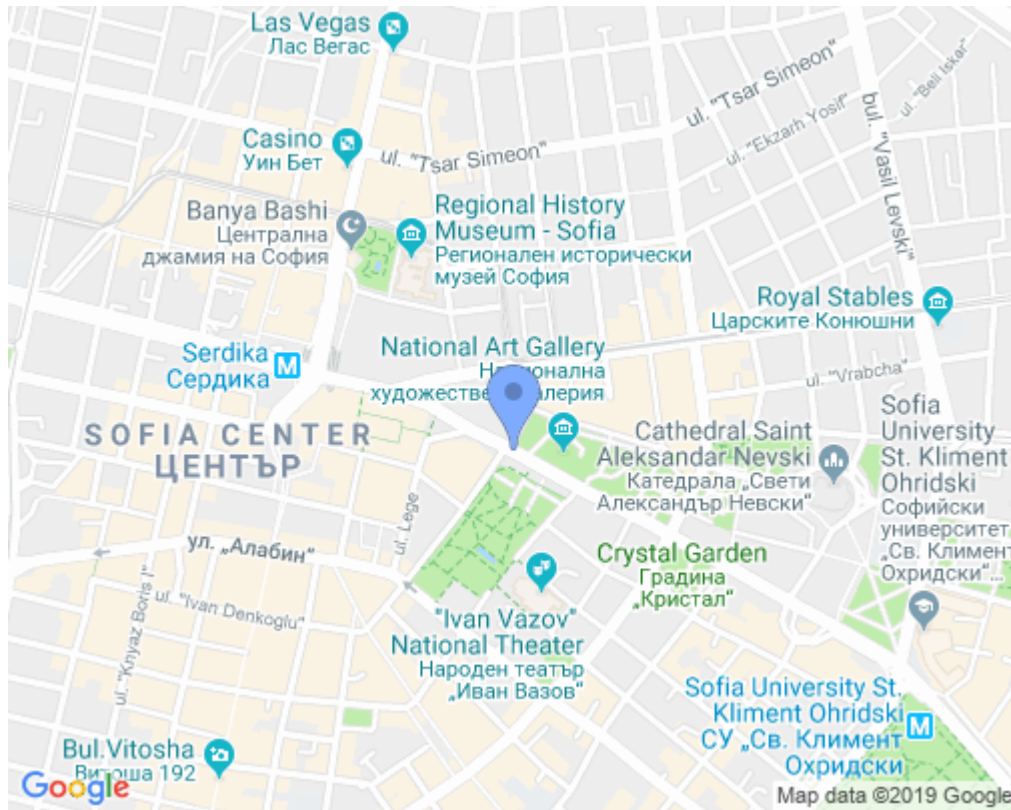
Zhasmina Mihailova, PhD	Medical Oncologist		+359886434774
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Julian Rainov, PhD	Head of Medical Oncology Dpt.	j_raynov@abv.bg	+359292 25744
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Radiotherapy

Veselina Parvanova, PhD	Head of Radiotherapy Dpt.		+359887397041
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How to reach us



Military Medical Academy Sofia

George Sofiisky Blvd.

1606 Sofia,

Phone: +3592883427500

Fax: +359526536

E-mail: inkov@breastunit.bg

Web-site: breastunit.bg

From airport:

By subway line Airport station to Serdika station and then from Serdika Station to National Palace of Culture station. Then take bus line 2 or 9. Otherwise a taxi.

By train:

Sofia central station and then either take a bus line 74, subway to National Palace of Culture station and then take a bus line 2,9 or take a taxi.

By bus or sub-way/underground:

Line 72,74, 2,4,8,9, 604 Subway line 1, 2

By car:

Near National Palace of Culture and Alexandrovska Hospital.

Last modified: 02 February 2018