The Mount Breast Group is comprised of a large team of specialists, nurses and allied health professionals with expertise in the assessment and treatment of benign and malignant breast conditions. Comprehensive assessment and diagnostic services are available through The Perth Breast Clinic, the Specialist breast surgeons, the Perth Radiological Clinic and Western Diagnostic Pathology. It is well recognised that to provide the best care for women with breast cancer, a multidisciplinary team of health care providers is essential. The integrated approach of the team at the Mount Hospital includes the discussion of individual cases at our weekly multidisciplinary meetings. We aim to provide the optimal timing and most up to date treatments and ensure that treatment is individualised for each patient. For many women, it is possible that a clinical trial may enable them to receive potentially more effective treatments, than what is available as standard care. The largest Breast Clinical Trials Unit in Australia operates at this centre. Over the last 10 years more than 800 patients have been involved in interventional clinical trials.

Mount Hospital/Breast Cancer Research Centre
150 Mounts Bay Rd
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Fax: +61893212354
E-mail: marina@bcrc-wa.com.au
Web-site: www.bcrc-wa.com.au
Available services

Radiology

- Dedicated Radiologists: 4
- Mammograms per year: 3000
- Breast radiographers
- Screening program
- Verification for non-palpable breast lesions on specimen
- Axillary US/US-guided FNAB
- Clinical Research

Available imaging equipment
- Mammography
- Ultrasound
- Magnetic Resonance Imaging (MRI)

Available work-up imaging equipment
- Computer Tomography
- Ultrasound
- Magnetic Resonance Imaging (MRI)
- PET/CT scan

Primary technique for localizing non-palpable lesions
- Hook-wire (or needle localization)
- Charcoal marking/tattooing
- ROLL: radio-guided occult lesion localization

Available breast tissue sampling equipment
- Stereotactic Biopsy (Mammography guided)
- Core Biopsy (Tru-cut)
- Vacuum assisted biopsy
- Ultrasound-guided biopsy
- Fine-needle aspiration biopsy (FNAB, cytology)
- Core Biopsy
- Vacuum assisted biopsy
- MRI-guided biopsy
- Core Biopsy
- Vacuum assisted biopsy

Breast Surgery

- New operated cases per year (benign and malignant): 890
- Dedicated Breast Surgeons: 4
- Surgeons with more than 50 surgeries per year: 4
- Breast Surgery beds: 20
- Breast Nurse specialists: 2
- Outpatient surgery
- Intra-operative evaluation of sentinel node
- Reconstruction performed by Breast Surgeons
- Clinical Research

Primary technique for staging the axilla
- Axillary lymph node dissection
- Sentinel lymph node biopsy:
  - Blue dye technique
  - Radio-tracer technique
  - Blue dye + Radio-tracer
- Axillary sampling
### Reconstructive/Plastic Surgery

- **Reconstructive/Plastic surgeons**
- **Immediate Reconstruction available**

#### Type of breast reconstructive surgery available

- Remodelling after breast-conserving surgery
- Reconstruction after mastectomy:
  - Two-stage reconstruction (tissue expander followed by implant)
  - One-stage reconstruction
- Autogenous tissue flap
  - Latissimus dorsi flap
  - Transverse rectus abdominis (TRAM)
- Free-flaps (free TRAM, DIEP, SIEA, gluteal, etc.)
- Surgery on the contralateral breast for symmetry

### Pathology

- **Dedicated Breast Pathologists**

#### Available studies

- Cytology
- Haematoxylin & eosin section (H&E)
- Surgical specimen
- Sentinel node
- Core biopsy
- Frozen section (FS)
  - Surgical specimen
  - Sentinel node
- Immunohistochemistry stain (IHC)
  - Estrogen receptors
  - Progesterone receptors
  - HER-2
  - Ki-67

#### Other special studies available

- Fluorescence in-situ Hybridization for HER-2 gene (FISH)
- Oncotype Dx (21-gene assay)
- MammaPrint (70-gene microarray)
- Prediction Analysis of Microarray 50-gene set (PAM 50)

#### Parameters included in the final pathology report

- Pathology stage (pT and pN)
- Tumour size (invasive component in mm)
- Histologic type
- Tumor grade
- ER/PR receptor status
- HER-2/neu receptor status
- Peritumoural/Lymphovascular invasion
- Margin status
- Response to preoperative chemotherapy

### Medical Oncology

- **Dedicated Breast Medical Oncologists**
- **Outpatient systemic therapy**
- **Clinical Research**
Radiotherapy

- Dedicated Radiation Oncologists
- Clinical Research

Available techniques after breast-conserving surgery (including experimental)

- Whole-Breast RT (WBRT)
- Partial breast irradiation (PBI):
  - External beam PBI
  - Interstitial brachytherapy
  - Targeted brachytherapy (MammoSite, SAVI applicator, other devices)
- Intra-operative RT (IORT)

Multidisciplinary Meeting (MDM) / Tumour Board (TB)

Regular MDM/TB for case management discussion

- Twice a week
- Weekly
- Every two weeks
- Other Schedule

Cases discussed at MDM/TB

- Preoperative cases
- Postoperative cases

Specialties/services participating in MDM/TB

- Radiology
- Breast Surgery
- Reconstructive/Plastic Surgery
- Pathology
- Medical Oncology
- Radiotherapy
- Genetic Counselling
- Breast Nurse Service
- Psycho-oncology
- Nuclear physician, Radiographer

Further Services and Facilities

Nuclear Medicine

- Lymphoscintigraphy
- Bone scan
- Positron Emission Tomography (PET)
- PET/CT scan

Rehabilitation

- Prosthesis service
- Physiotherapy
- Lymph-oedema treatment

Genetic Counselling

- Specialist Providing Genetic Counselling/Risk assessment service:
  - Dedicated Clinical Geneticist
  - Medical Oncologist
  - Breast Surgeon
  - General Surgeon
  - Gynaecologist
- Genetic Testing available
- Surveillance program for high-risk women

Data Management

- Database used for clinical information
- Data manager available
## Contact details

### Radiology

<table>
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### Breast Surgery

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### Medical Oncology

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### Radiotherapy

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Mount Hospital/Breast Cancer Research Centre

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E-mail: marina@bcrc-wa.com.au
Web-site: www.bcrc-wa.com.au

From airport:
By Taxi to the Mounts Hospital. Building 146, Mounts Bay Road, Perth 6000, Level 4.

By train:
From the Airport there is no train service directly to the Mount Hospital.

By bus or sub-way/underground:
There is a bus from the Airport that will do drop offs to various destination mainly in the city area. The Hospital is 5 mins from the City and can be reached by foot or taxi from the city.

By car:
Rental Car at the Airport can bring you directly to the Hospital as well.

Last modified: 13 April 2012